

CCM at UCLA

Chicanos /Latinos for Community Medicine

Spring Quarter, July 9, 2013



CCM's 43rd Annual Awards Banquet

On June 2nd, 2013, CCM hosted its 43rd Annual Awards Banquet. The evening was filled with the traditional mariachi music, distinguished guests speakers, seniors happily snapping photos with their graduation sashes, and overall joy from a year filled with hard work and service to our community.

This year, we were honored with the presence of Dr. Luis Ontiveros, Family Medicine physician and former active UCLA CCMer. As he delivered the keynote speech, Dr. Ontiveros recounted his undergraduate days volunteering with CCM, and instilled in students to continue in pursuit of their goals. In addition, our Faculty Advisor Dr. Hayes-Bautista presented recognition awards to the outgoing board, along with Seira Santizo-Greenwood, who also introduced a group of outstanding MEDPEP students that were at the reception.

Dr. Margarita Loeza, a family physician working at Venice Family Clinic, awarded Gabriela Gonzalez and Stephanie Gonzalez the CCM Alumni Scholarship. The night continued with a multitude of awards, such as CCM Member of the Year awarded to Alejandra Novoa, and CCM Board Member of the Year, awarded to Esteban Aguayo. The revealing of the new Board of Directors marked the closure of another wonderful banquet. We thank everyone who was in attendance and made this banquet successful once again!

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.” - Margaret Mead





BLAIDS

Black/Latino Aids Project



Mini- Love Carefully Event

BLAIDS ended off the year strong with the help of wonderful volunteers, hard-working outgoing directors and dynamic interns. The first event BLAIDS participated in this quarter was the Roll AIDS Roller-Skating fundraiser held by the AIDS Awareness Committee (SWC) at UCLA. The event was a fun night of rollerskating and rollerblading with the proceeds from the event benefiting One Heart Source, a non-profit organization that cares for and educates children affected by HIV/AIDS in

Tanzania. The success of Love Carefully during the Winter quarter inspired BLAIDS to put on a mini-Love Carefully this quarter. The event was organized by the BLAIDS interns and held in Wilson Plaza at UCLA. The BLAIDS interns continued to fulfill the BLAIDS mission by distributing information on safe sex and the high rates of HIV/AIDS infection among the Black and Latino communities. BLAIDS was also privileged to participate in the BPHO 1st Annual Youth Health Festival to help promote and inspire children of

underrepresented communities to live healthier lives and attend college. This quarter, BLAIDS was able to present to twelve LAUSD classes for a total of 420 service recipients. BLAIDS presented to a total of approximately 1,300 students from underserved schools in the LAUSD district throughout the 2012-2013 school year. The outgoing directors of BLAIDS are proud of these accomplishments and are excited to see BLAIDS grow with the help of the incoming directors.

CCM-LMSA Hike

This May we had our first hiking social with several members and Latino Medical Student Association (LMSA) members from the David Geffen School of Medicine. Our morning hike at Temescal Canyon was a great place to work out and socialize with LMSA members. Kika from LMSA emphasized the need to stay connected. There will definitely be more socials so CCM may continue to thrive with the mentorship of LMSA members.

*** Coming up in the Fall ***

A CCM and UCLA School of Nursing Mentorship program!

Attend our meetings every Tuesday starting Week 2 for more info!



Donations of Tissues and Organs

Donate Life Run/Walk at Cal State Fullerton

On April 27th, DoT Org attended the 10th annual Donate Life Run/Walk. On this day thousands of participants from across southern California to come out and show their support of organ and tissues, often walking/running in honor of a loved one. Like we do every year, DoT Org came out with full force with our team, Team Super Dad, named in honor of the father of a past DoT Org director. This year we had fifty-six team members, including members of UCI CCM, and had over \$350 donated to benefit Donate Life. At the event our team members had the opportunity to attend the family festival that had goodies, free food for the participants, and information about organ and tissue donation. We then attended the opening ceremony with musical performance and a guest appearance by Nick Cannon who came to show his support for this incredible event. With hundreds of teams representing, we began the event with some of our members starting run off strong while others took it easy and decided it was a nice day to walk the event. All in all, our members really loved the event and with our amazing turn out, the event was a complete success. We can't wait for next year!!



Schools out for the summer!

What are our members up to during the summer? Well when it comes to the health of our communities, CCMers never rest! In addition to taking summer courses, working and studying abroad in countries like England and Spain, we have several members who have been given the wonderful opportunity to participate in summer health programs. The different programs that our members will be attending include the Harbor-UCLA Summer Urban Health Fellowship, UC Davis Post-Bac, Summer Medical and Dental Education Program (SMDEP), Health Career Connection at UCLA, Future Physician Leaders in Riverside-San Bernardino, UCLA PREP, and the Kaiser San Diego-San Ysidro High School Urban Health Fellowship. These programs were established to both promote diversity in the health field and give students an early exposure to the health of different communities. We hope that our members learn a great deal about the medical field and applying to health professional schools that they can then bring back to our chapter. Below is a list of the programs our members will be representing CCM at UCLA.

Harbor-UCLA Summer Urban Health Fellowship: Jesus Torres, Ernesto Valles, Julio Gonzalez-Maya, Jose Jimenez, Christina Lugo and Wendy Cervantes

UC Davis Post-Bac: Gabriela Gonzalez and Brenda Abarca

SMDEP: Maria Venegas (Yale Program) and Alexis Velazquez (UCLA Program)

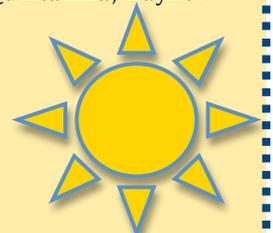
Health Career Connection: Anabel Alcaraz and Beatriz Marron

UCLA PREP: Stephanie Clavijo and Esmeralda Ruiz

Kaiser-San Diego Urban Health Fellowship: Diana Lazo, Maira Quintanilla, Nancy Quintanilla, Taynel Albarran and Luz Razo

UCR Future Physician Leaders:

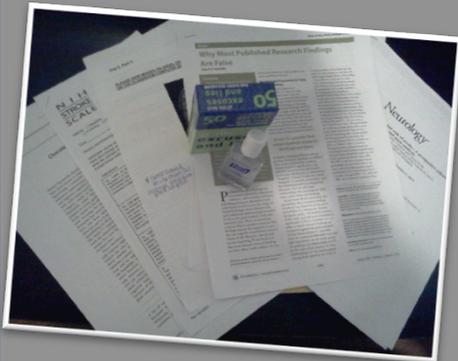
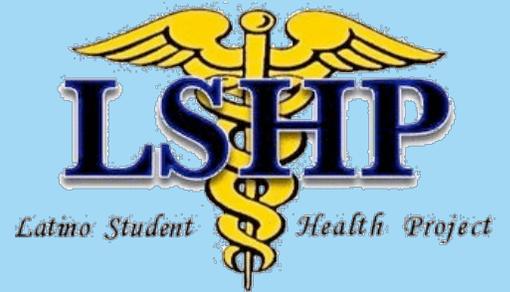
Aila Hernandez



Latino Student Health Project

Our Lady of Talpa Health Fair

On June 2nd, LSHP hosted its spring health fair of the year in East Los Angeles. Numerous service providers, such as alumni and community partners, took part in this effort to help alleviate the disparities in the underserved communities of Los Angeles. Anemia, glucose and vision screenings were among the many services provided at the health fair. The community of Our Lady of Talpa Parish was delighted to see us there and demonstrated this by their continuous signs of gratitude. Many informational booths were set up to raise awareness about various health related issues such as organ donation, stroke and diabetes prevention. Additionally, a multitude of fresh fruits and vegetables was provided in order to make healthier meal alternatives more accessible to recipients and their families. We thank fellow UCLA organizations such as DoT Org, Bruins in Focus and Stroke Force for providing their services and education to the community. All in all, Our Lady of Talpa Health Fair was successful and marked the end of a strong year for LSHP. We hope to see you all at our Hawthorne Health Fair in August!



Problem Based Learning with LMSA

This quarter some of our members got the exclusive opportunity to join first year medical students in their problem based learning groups. They were paired with one medical student and met early Friday mornings. PBL discussions gave members a glimpse at the life of a medical student. Each week a new patient case was presented where students collaborated to conclude in a

diagnosis. Professors, who served as guidance and resources for the case, led the small groups. The Neurology block was in progress and CCMers were able to read the articles given and participate in the discussion. We would like to thank LMSA for giving this wonderful opportunity to our members. We hope to continue this experience in the Fall!

**Don't forget to follow us
on Instagram!!**



@CCMBruins
@BLAIDSBruins
@DoTOrgBruins
@LSHPBruins

...and check out how you can volunteer at our summer events!

An Inside Look at: The UCLA Blum Center on Poverty and Health in Latin America

The UCLA Blum Center was created in Spring 2012 to address the health inequities affecting the population in Latin America. In collaboration with Latin American institutions, the center sheds light on the poverty and health disparities affecting Latin America, bringing together research, policy and training on health. Through research the center focuses on assessing the social health inequities and the factors that contribute to them. Policy takes a closer look at how politics help determine a person's health lifestyle, as well as implementing policies to educate and enhance the health services in Latin America. Lastly, the training part of the center begins with educating the youth about the social determinants of health and getting them involved in programs, such as UCLA Blum Center Summer Intern Scholar Program so that they can take charge of their own health, most importantly improve the health in their communities.

The Summer Intern Scholar Program grants graduate students and undergraduate students a unique opportunity to work with health related programs in Latin American and Los Angeles so that they can assist in improving the health and social conditions faced by these poor and vulnerable populations. This summer is the first year of the program, which has been separated into two sessions: one session takes place in Latin America for graduate students and the other in Los Angeles for UCLA undergraduate students. The director of the UCLA Blum Center, Dr. Michael A. Rodriguez (MD, MPH), explains the summer program in the following words: "Students will study and work on specific community responses being implemented in Latin American communities and Los Angeles communities struggling with the health-damaging conditions of poverty and other social determinants of health." In fact, our very own CCM alumni, Stephanie Gonzalez, served as an undergraduate volunteer where she demonstrated great dedication to all of the assignments that were handed to her. She learned extraordinary, valuable information and is now on her road to becoming an outstanding doctor. As you can notice, though the center is pretty new it is already doing an excellent job in bringing about health disparity issues to graduate and undergraduate students, creating a perfect pathway to enhance and expand a student's passion for medicine!

Alumni of the Quarter: Brenda Abarca

CCM's alumni of the quarter for Spring 2013 is Brenda Abarca. In June she obtained her Bachelors of Science in Neuroscience from UCLA and is currently enrolled in the UC Davis Medical post-bac program for the 2013-14 school year. Currently she is studying for the MCAT and will be applying to medical school in the next upcoming cycle. Brenda states, "she is grateful for this program because it is transitioning me into the medical school mentality. Also, I am constantly reminded that I was blessed to have been part of the CCM familia as an undergrad because with every program that I have been a part of there have been CCMers. UCLA has a very strong CCM chapter, and I would encourage undergrads to be as involved in it because with any medical program they do, they will run into fellow CCMers."



Healthcare an obstacle as Republicans court Latinos

Source: LA Times

Written By: Noam N. Levey, Washington Bureau

Published: March 31, 2013

As Republican leaders try to woo Latino voters with a new openness to legal status for the nation's illegal immigrants, the party remains at odds with America's fastest-growing ethnic community on another key issue: healthcare.

Latinos, who have the lowest rates of health coverage in the country, are among the strongest backers of President Obama's healthcare law. In a recent national poll, supporters outnumbered detractors by more than 2 to 1. Latinos also overwhelmingly see guaranteeing healthcare as a core government responsibility, surveys show.

Yet congressional Republicans continue to make repeal of the 2010 Affordable Care Act a top agenda item and have renewed calls for deep cuts in health programs such as Medicaid, which are very popular with Latinos.

"Obamacare is a colossal mistake for our country," Senate Minority Leader Mitch McConnell (R-Ky.) said recently in a speech on the Senate floor. "It needs to be pulled out by its roots."

Republican National Committee spokeswoman Alexandra Franceschi expressed confidence that Latinos would ultimately recognize that the law raises costs and burdens businesses.

"We're going to do a better job explaining why this law is negatively affecting all Americans, including the Hispanic community," she said.

"This is going to hurt Republicans," said Matt Barreto, cofounder of Latino Decisions, a nonpartisan national polling firm. "When Republicans keep saying they will repeal the health law, Latinos hear the party is going to take away their healthcare."



Republican presidential nominee Mitt Romney received just 27% of the Latino vote in November, in large measure because of his harsh rhetoric about illegal immigrants. But he also made overturning the health law a central plank of his campaign. His first Spanish-language ad after he won the 2012 nomination promised he would issue an executive order to roll back the law on his first day in office.

Obama, meanwhile, made upholding the Affordable Care Act a core part of his Latino strategy.

A quarter of the president's advertising in Spanish focused on the law, said James Aldrete, who oversaw Spanish-language media strategy for Obama in 2008 and 2012. "We knew from the start that, if Latinos knew about the benefits of the law, they were going back the president," he said. "It was central to our messaging."

In one widely aired television ad, Cristina Saralegui, a popular talk-show host, explained in Spanish how the law would help millions of Latinos get health insurance. In another, a campaign volunteer visiting a middle-aged man with diabetes, which is widespread among Latinos, said: "Family is important to President Obama, and he understands that families that are fighters sometimes have lost everything when someone gets sick."

Surveys indicate that close to 30% of Latino citizens and legal permanent residents lack health insurance. By comparison, just 11% of white and 17% of black Americans are uninsured, according to the latest data from the federal Centers for Disease Control and Prevention.

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Starting next year, the health law will provide

hundreds of millions of dollars in subsidies to low-income Americans and legal residents to help pay insurance premiums. Illegal immigrants cannot receive these subsidies.

The law will also provide states with additional federal aid if they open their Medicaid programs to more of their poor residents. That, too, will likely disproportionately benefit Latinos, nearly 30% of whom rely on government health insurance, at twice the rate of white Americans.

The high numbers of Latinos who are uninsured or depend on public programs reflect their lower incomes and their concentration in industries, such as the service sector, that often don't provide health benefits.

"Latinos realize that government will not fulfill every need, but what they admire about the United States is that the government steps in when there is a need," said Lorena Chambers, a Latina media consultant who worked on a campaign to help pass the president's health law.

Nearly half of Latinos in a recent Pew Research Center poll said they trusted the federal government to do the right thing "always" or "most of the time." Just 20% of white respondents felt that way. And two-thirds of Latinos believed the federal government should ensure that everyone has access to health insurance, a 2012 Latino Decisions survey found.

Congratulations Class of 2013!

CCM members have a lot on their plate as UCLA undergraduates. Whether they are busy with academics, work, or volunteering, there is always a drive in them to serve others in any way they can. Their passion to nuestra comunidad is seen in every health awareness presentation, health fair, and educational conference provided during the year. We would like to recognize the efforts and achievements of the graduating senior class who have not only made a great impact in the communities that they serve but have continued to exemplify CCM's legacy of excellence and community service. We wish the best to these graduating seniors and cannot wait to see them one day returning to our communities as health professionals!

Graduating Seniors

Esteban Aguayo
Marvin Ambriz
Ashley Cabrera
Yvette De La Cruz
Ashley Gomez
Stephanie Gonzalez
Gabriela Gonzalez
Jose Jimenez
Jesse Landeros
Julio Gonzalez-Maya
Jonathan Martinez
Roxanna Napoles
Alejandra Novoa
Carol Ochoa
Bianca Padilla
Maricarmen Reyes
Caryn Salgado





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*The outgoing board is proud of what you will
contribute to CCM this coming year.*

Continue the legacy, CCM Bruins!!